

# Bishops Waltham Surgery

Issue 2

Newsletter

November 2015

## From The Dispensary

### Wasted Medicines

We all know the NHS has some serious financial challenges ahead. Do you know it is estimated that every year some £300 million worth of medicines are wasted?

([www.medicinewaste.com](http://www.medicinewaste.com))

At the last meeting of the Patient Participation Group (PPG) several members were able to cite examples of waste they had personally experienced – usually in the sad circumstances of clearing the home of an elderly relative.

How can we help? Our discussion highlighted the fact that repeat prescriptions are frequently raised for all the items on the form, although the patient has stopped using some of them. Please make sure that when ordering repeats you **tick only those items which are needed**. Perhaps you help an elderly relative with their re-ordering – again can you help?

**Ian Leesmith**  
PPG Chairman

Medicine waste is a big problem for the NHS. Once a medicine has been dispensed and you have taken it away, we are unable to re-use it even if it is unopened and no longer required.

We recently had a patient return steroids and inhalers worth a total of over £400 which all had to be destroyed.

To help reduce waste

- Check your repeat medication is up-to-date.
- Only order what is needed, do not stock up in case the doctor has to make changes.
- Check the medicine you collect whilst in the surgery or pharmacy so that any errors or changes can be corrected there and then.

**Gemma Hemsworth**  
Dispensary Manager



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Monday 07:40 - 19:30  
Tuesday 08:00 - 18:30  
(Closed 13.00 - 14.00 for staff training)  
Wednesday 07:40- 18:30  
Thursday 08:00 - 18:30  
Friday 07:40 - 18:30

When the surgery is closed and you require medical attention, you should contact the NHS 111 service by dialing 111 from any telephone. Calls are free from landlines and mobile phones.

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## Practice Staff Update

### Staff Leaving

#### Dr Hillier

As I am sure most of you are now aware Dr Hillier retired from the Surgery at the end of April after 36 years' service. The partners and staff of the practice wish him a very happy and long retirement.



#### Lynn Watkins – Practice Nurse

Lynn left the Surgery after 10 years' service on 30<sup>th</sup> October. She has gone to work within the Community Nursing Team in Southampton. We would like to wish her well in her new venture, although we hope she may be back to help us from time to time.

### Staff Joining

#### Joe Rye – Practice Nurse

We welcome Joe as Practice Nurse. He joined on 23<sup>rd</sup> September. He has been a long standing Community Nurse working within the Bishops Waltham area, so some of you may already know him.

#### Wendie Goodwin – Healthcare Assistant

Wendie has been working for the practice since February and undertook phlebotomy as a bank team member. In August she took up the permanent post of Healthcare Assistant, enhancing our existing nursing team.

#### Lucy Spiteri – Phlebotomist

Lucy has been working with the practice since February, primarily as our phlebotomist. However, she is able to undertake further duties within this role.

#### Dr Oluwatumininu Omodunbi (Dr Tumi)

Dr Tumi is a final year registrar and has been with the practice since September. She will be with us until April 2016 when she will have completed all her training to become a GP.

#### Dr Ben Allured

Dr Allured will be joining the practice on 16 November. He will be working with us for 6 months as a Locum GP undertaking 5 or 6 sessions per week.

#### SAINSBURYS NEWS

As we are sure you are aware by now, Sainsburys will not be building at the Abbey Mill site. Should any other developments occur we will keep our patients informed.